



Term 3, Week 9

18 September 2018

COMING EVENTS	
25 September	In class Stage 3 Cyber Safety
26 September	P&C Meeting
26 September	Year 6 Mini Fete
27 September	SRC Disco, Years K-2 during school time and Years 3-6, 4pm to 5.30pm
28 September	Last day of Term 3
15 October	First day of Term 4

### The Values We Share, Week 7 & 8 Respect

KE – Miranda O/Sam C	KW – Hayley W/Mia S	KS – Ella L/Jesse W
KF – Nicholas C/Zoe D	KT – Emma B/Kristos T	1W – Izzy A/Matthew L
1M – Julius O/Jamie L	1S – Eliza D/April F	2G – Tillie P/Arshiya V
2E – Maddy W/Tristan O	2W – Clara S/Duncan V	2/3R – Elijah S/Sarah K
3F – Esther Y/Lizzy H	3H – Emily M/Jake Z	4R – Olivia C/Harry S
4B – Mikael R/Jackson C	4M – Gloria C/Oliver M	5P – Harper C/Anika W
5D – Georgie S/Zeriah S	5K – Arisa D/Minami M	6M – Ada G/Alex F
6S – Samar M/Christian L		

### Parent Information and Consultation Sessions for Student Wellbeing – Thank you

Over the past few weeks I have hosted four parent consultation sessions regarding student wellbeing, engagement and discipline. These sessions provided an opportunity for parents to participate in discussion and put forward ideas to support the future practices and procedures for student wellbeing and behaviour at Gladesville Public School. The information gained will be used to develop a revised school discipline code and anti-bullying plan, the draft format of which will be distributed to parents next term for final consultation.

Thank you to the parents who attended these sessions.

### Cyber Safety Parent Information Session

Last week we provided an opportunity for parents to listen to a presentation by our local Police Youth Liaison Office Constable Deb Chrystal. We are aware that many parents would have liked to



attend this presentation, and will therefore host a second session early next term. To best select an appropriate time to schedule the session we have designed a survey to gauge the day and time most convenient for families. Please complete this survey if you are interested in attending the next session. <https://www.surveymonkey.com/r/cybersafetyGPS>

The key messages to parents in the presentation were:

- No devices in the bedroom. Online use should be supervised at all times.
- Have the courage to say 'no' to your child, but provide reasons for making your decisions – they will respect you for this  
*i.e.; 7 year old child "Can I play Fortnite, all my friends are playing it".*  
*Parent: "No, I have looked into the game and it is recommended for children above the age of 12, and I'm also not comfortable with the violence in the game"*
- Research the apps, games or programs your child wishes to use before allowing them to do so. A simple search of 'what parents say about the use of...' can provide you with a wealth of information. Reading the terms and conditions will also show the age appropriateness of the activity.
- Know what your child is engaged in online.
- Create agreed family guidelines for online use and gaming.
- Talk to the school if you have concerns for online bullying or inappropriate use by other children. The school is available to support families. It is not appropriate to approach other parents.

Below is a link to a parent guide through ThinkUKnow. If you are unable to access this guide copies are available at the office. The second link is to the e-safety commissions website regarding the use of Fortnite, which seems to be a popular game for students as young as Year 1, although has a suggested age appropriateness of 12 years and above.

<https://www.thinkuknow.org.au/sites/default/files/2017-10/SOS%20Guide%20to%20Cyber%20Safety%20-%20UPDATED.pdf>

<https://www.esafety.gov.au/esafety-information/games-apps-and-social-networking/fortnite>

## NAPLAN Results

Students in Years 3 & 5 will be taking home their NAPLAN reports today. The school leadership team will not have access to the online reporting system to view school data until the end of this week. This includes individual results, whole school trends and Year 5 student growth. Therefore, school data will be reported back to the community next term. If you have any concerns regarding your child's results please contact the class teacher.

## Tell Them From Me Parent Survey



The Tell Them From Me Parent Survey is now active for all parents K-6 and can be accessed at the following link:

<https://nsw.tellthemfromme.com/z8hzk>

Surveys will remain open until Friday 26 October 2018.

The Tell Them From Me Parent Survey is anonymous, voluntary, and easy-to-use. It is based on a comprehensive questionnaire covering parents' perceptions of their child's experiences at home and at school. Insights into parent and staff communication, activities and practices at home, and parent voice on the school's support of learning and behaviour all build an accurate and timely picture that schools can use for practical improvements.

The survey data can help schools:

- understand parents' perspectives on their children's experience at school, including teaching, communication and the school's support of learning and behaviour
- understand parents' perspectives on activities and practices at home related to their children's learning
- provide evidence of areas of strength to support self-assessment and reporting
- engage the school community in discussions to identify strategic directions for school improvement
- establish quantitative improvement measures and help schools track achievement against them.

In houses with multiple children, we recommend that parents complete the survey with only one child in mind. However, if you feel the school experiences of your children differ you are welcome to complete one survey for each child.

If you have any queries please do not hesitate to contact Miss Barnard.

## 2019 Planning

If you are aware that your child will not be returning to Gladesville Public School next year, please notify the office.

Similarly, if you know of any neighbours who need to enrol their child for Kindergarten, or any other grade for 2019, please ask them to make contact with the office.

## Class Placement Requests for 2019

Next term planning will begin for 2019 classes. While class teachers and executive staff are generally aware of situations that may impact on class placement, there are circumstances or concerns that you as parents may have a greater awareness of. To guide class placements for 2019 I would like to provide parents the opportunity to send me a confidential letter to outline any **major concerns for consideration**. Each concern will be considered, however, there is no guarantee that all requests can



be met due to the complex nature of class structures. Requests for students to be placed with specific class teachers will not be considered.

Please send requests to the office in a sealed envelope marked 'Confidential: Attention Katherine Hurst' **by Friday 19 October**.

If you would like to discuss your child's class placement personally, please make an appointment to see Ms Barnard or me through the school office or school email.

## **Fire Drill - Emergency Evacuation**

As part of Department of Education Work Health and Safety Requirements we will conduct a second emergency evacuation practice later this week. Students will discuss the procedures in class this week in preparation. Please discuss the importance of these drills with your child and advise the class teacher if you have any concerns.

## **SRC Disco Thursday 27 September**

Kindergarten to Year 2, come to school in mufti – PJ theme! The K-2 disco will be held during school time – please bring \$5 for entry.

Years 3 to 6, wear uniform to school, then return in your costume for a 4pm start – When I Grow Up theme! Bring \$5 for entry and up to \$5 for drinks and snacks. The disco will finish at 5.30pm, please do not be late to collect your child.

## **Spelling Bee**

Congratulations to Keira T, Anna L, Keegan V and Thomas C who represented our school at the Regional Spelling Bee, held last week at Ryde East Public School. The competition was very tough, we are proud of the students' performance and for representing our school so magnificently.

## **Focus on Year 4**

This term Year 4 have been learning about the first contact between British explorers, settlers and Indigenous Australians in the 1700s. Last week Years 3 and 4 were fortunate enough to visit Captain Cook's landing site at Botany Bay. During the excursion they re-enacted Cook's landing on the site, studied aspects of Indigenous life in the area prior to 1788, and saw memorials to both James Cook and Joseph Banks. A great day was had by all, as we linked our learning in the classroom to the places where it all happened.

*Yrs 3&4*



## Instrument Tryouts – Commencing Wednesday 19 September

Gladesville Public School students have the opportunity to ‘Try an Instrument’ during the Band time on Wednesday mornings from 7.45am. Meet Mr Gav and Mr Owen in the Hall and try the school’s musical instruments with a view to joining the band. We have saxophones, flutes, oboes, violins, cellos, trumpets and trombones to name a few! Parents will need to accompany students to these events.



We would like to congratulate the following three students for amazing results in their AMEB Piano exams:

- Arisa D (Year 5) - A (Honours) Piano for Leisure Grade 1
- Holly W (Year 2) - B+ (High Credit) Piano Preliminary Grade
- Samantha D (Year 6) B (Credit) Piano Grade 1

Well done to all for working so hard. Certificates will be presented in assembly as soon as they arrive.



On another note, we were delighted to be awarded the “Excellence in Education” award in the Local Business Awards of 2018. This is a huge honour and we thank anyone who voted for us. Our team of dedicated teachers continue to do great work in the Bennelong district and beyond. We really do care about the learning needs of your children.

## Sports Report - Weeks 7 and 8

### Summer PSSA recommences

After a washout in Week 7, our Summer PSSA teams were back on their respective fields and courts in Week 8.

Girls T-Ball: Won 12-11 against Denistone East PS

Boys T-Ball: Drew 9-9 against Denistone East PS

Girls Softball: Won 5-4 against Denistone East PS

Boys Softball: Lost 1-6 against Denistone East PS

Junior Newcombe Ball: Won 2-1 against Ryde PS

Senior Newcombe Ball: Won 2-0 against Ryde PS

Volleyball: Lost 0-3 against Ryde PS

Junior Cricket: Won by 69 runs against Ryde PS

Senior Cricket: Won by 78 runs against Ryde PS

### Area Athletics Carnival - September 17

Congratulations to the students who represented Gladesville Public School at the Sydney North Area Athletics Carnival on Monday 17 September! Well done to the following students:

Lucas C	Charli H
Remy S	Hine R
Alex S	Finlay W
Zayla T	Caitlin Y
Leon S	

A huge congratulations to Leon S, who not only came first in the 11 Years Boys 800m, but also broke the existing 15-year-old area record by an amazing 3 seconds! He will compete in the State Athletics Carnival later this year.

The Junior Boys Relay team (Remy S, Alex S, Finlay W and Lucas C) are to be highly commended for gaining 4th place, as well as Alex S for gaining 4th place in the 9 Years Boys 100m final. Well done to the Junior Girls Relay team for gaining 15th place and to Zach, Charli and Hine for their efforts in their individual events.





**K-2 DISCO!**

COME TO SCHOOL IN YOUR PJ'S

**THURSDAY 27TH OF SEPTEMBER**

**COSTS \$5**

THE DISCO IS AFTER LUNCH TO THE END OF SCHOOL

GO HOME AFTER SCHOOL AND COME BACK AT 4:00

**3-6 DISCO!**

**THURSDAY 27TH OF SEPTEMBER**

THE THEME IS: WHEN I GROW UP COME BACK TO SCHOOL IN YOUR COSTUME!

**COSTS \$5 YOU CAN BRING MONEY TO SPEND THERE**

PIC•COLLAGE



GLADESVILLE  
PUBLIC SCHOOL



City of Ryde

# WHO'S YOUR GRANNY?

## 2018 COMPETITION

The Who's Your Granny competition  
closes on Wednesday 19 September.

Make sure to return your entries to the school  
office before then so they can be collected!

**GREAT PRIZES TO BE WON!**

Enviro news @ GPS

## Let's be package free lunchbox ideas

In our waste-filled lives, it's important to do what we can to decrease the waste we're contributing to landfill. Waste free means only packing items that can be composted or recycled so that it doesn't end up in the garbage bin. That means, no plastic wrap, no foil, no zip lock bags and no packaged foods.



You'll need some containers – a lunch box with a variety of compartments works well (bento box) or purchase a few smaller containers to hold different snacks.

Here is a great simple and healthy recess snack, that is waste free consisting of hommus dip with veggie sticks.



### Here are some other tips:

- Make a tray of muffins and keep them frozen. Remove one each morning and place it in the lunch box – it will thaw by lunch time.
- Pop your own popcorn and pack it in a small container.
- Make your own snack mix with dried fruit (apples, sultanas, banana), pepitas, sunflower seeds, and put in in a container for recess.
- Pack a handful of dried cereal (such as Weet-bix bites or Cheerios) in a small reusable container.
- Cut your own cheese cubes/slices and place them with crackers in a smaller Tupperware container (much cheaper and healthier than buying LeSnack!)
- Make a smoothie at home and store it in a cold thermos that holds the temperature until recess or lunch time.



**Benefits of litter-free school lunches include:**

- students eating healthier lunches, as they are being provided with less pre-packaged 'gimmicky' snack foods and more fresh food in appropriate amounts
- less waste being produced and sent to landfill
- cheaper lunches, as food items bought in bulk are less expensive than pre-packaged products
- a reduction in waste collection and disposal costs to the school, as less waste is being generated by the school community
- providing students with a practical example of how simple behaviour change can easily address a widespread environmental issue
- promotion of environmental stewardship and advocacy within the school
- a cleaner school (research has shown that less litter is dropped in areas free of litter compared to areas where litter is more noticeable)

Package free lunches are a great way of getting fussy eaters to eat all their food, because you can get creative! Why not get your children involved each night preparing their lunchboxes? It's a great way to teach them independence and ownership of what they eat...remember when children prepare their meals, they're more likely to eat them! Here are some examples of creative lunch boxes:



It may seem a little tricky at first, however when you realise the health and cost benefits of packing waste free lunches, we guarantee you'll be impressed!

So let's go on the waste-free journey together!

**“Let's be package free!”**

Mrs Lentros, Mrs Gounakis, Ms FitzPatrick, Ms Pedersen  
(GPS Environmental committee)